

Dental Care Policy and Procedure

SUSPENDED UNTIL COVID 19 IS NO LONGER A THREAT

We are proactive in promoting good dental care. This goes beyond just brushing our teeth after lunch time. We only allow water or milk to drink; our menu avoids sweet puddings and offers a wide variety of healthy foods.

We speak to the children about healthy choices and the effect it has on our bodies and our teeth.

We plan activities to promote good dental care practise, these are always carried out in a fun and age appropriate way.

We do not allow sweets to be eaten at the setting and we encourage the same at home. Staff role model healthy eating if they are not eating the lunch prepared on site.

TOOTHBRUSHING PROCEDURE:

- Tooth brushing takes place at the identified sink area.
- All toothbrushes are named and NEVER to be shared.
- Ideally no more than two children should be permitted to each available sink.
- The children should be closely supervised at all times.
- The children should be encouraged to spit excess toothpaste into the sink.
- Under supervision each child should rinse their own toothbrush under cold running water.
- Under supervision each child should shake their toothbrush to remove excess water and returned to the storage system.
- At all times a practitioner is responsible for the control of the running tap.
- Paper towels should be used to mop up all visible drips on the storage system.
- The practitioner is responsible for rinsing sinks after tooth brushing is completed, they should then wash their hands.